

What to Expect for Your Endoscopy Procedure

Confirmed date: _____

Confirmed time: _____

(The endoscopy department will call you with a time)

Confirmed place: _____

JPS Main Endoscopy

1350 S. Main Street
Fort Worth, TX 76104

817-702-1683

JPS Surgical Center-Arlington

4400 New York Avenue
Arlington, TX 76018

817-702-8500

▶ **Confirmed Adult:**

- If you come without another adult, we will cancel your appointment.

▶ **Driver/Ride Rules:**

- At least 18 years of age.
- Stay in our waiting area the whole time. The wait time is three to four hours.

▶ **Set Up for the Day:**

- Do you know when to drink your prep?
- Do you know when and what to eat?
- Do you know when to take your medicine?

▶ **Things to Do the Day of:**

- Wear cozy clothing, easy to put on and take off.
- Leave dentures and removable teeth at home.
- No smoking or chewing gum.
- No jewelry.

▶ **Medicine:**

- We talk about them during the call.

▶ **COVID-19, call us at 817-702-5629 if you have:**

- Fever, chills, cough, hard to breathe, headache, or body aches.

▶ **Colonoscopy**

- The day before, you can only have clear liquids.
- No solid food.
- Certain Medicine with a small sip of water the morning of.

▶ **Other Procedures**

- Nothing to eat or drink after midnight the night before.
- Medicine with a small sip of water the morning of.



JPS Health Network

Fort Worth, Texas
