

Your child's school counselor
has invited your family to use

Texas Child Health Access Through Telemedicine (TCHATT)

JPS Health Network has partnered with The University of North Texas Health Science Center to provide TCHATT, a collaborative service that can improve the mental health of your child and connect them with services that will help build a family-focused foundation for emotional expression and security.

What is TCHATT and how does it work?

TCHATT is a **free** in-home tele-mental health service for children who have expressed emotional needs that fall outside the boundaries of what your school counselor is able to provide.

TCHATT offers a two-step process intended to improve the emotional health of your child.

Step One

In collaboration with your family and your child's school counselor, your child has the opportunity to receive evidence-based emotional health therapy with a licensed therapist or psychiatrist from the comfort of your own home for free.

Within 4-5 sessions, you and your child will be able to collaborate with a licensed therapist or psychiatrist to implement therapeutic practices that can help your child improve their emotional health, perform better in school, and improve their overall mental health.

Step Two

After participating in 4-5 sessions with our licensed TCHATT practitioners, you will have the opportunity to be connect with outside mental health services.

This will provide you with an outside resource most appropriate for your child's mental health needs to establish more balanced mental wellness in your home.

If your child is experiencing an immediate crisis:

**Call 911 and have them taken
to the nearest emergency center.**



TCHATT
Texas Child Health Access
Through Telemedicine

acclaim
Improving health **together**



JPS Health Network
Fort Worth, Texas

hsc
THE UNIVERSITY OF NORTH TEXAS
HEALTH SCIENCE CENTER OF FORT WORTH